

Splashinto Registration OPENS APRIL 8

2024 Titans Summer Swim Team

1 Emile Levasseur Drive, Sanford ME | 324-4942 |sanfordymca.org |Facebook |Twitter |Instagram

WELCOME TO TITANS



For kids looking to join a competitive swim program, the Y is ideal. Our experienced coaches work to improve swimmers' skill level, endurance and to promote a healthy lifestyle. Our program embraces the YMCA core values and promotes progression at an individual level. **The Y. For a better us.** TM

BENEFITS OF JOINING THE TEAM:

- When you join the Y, you join a community. All practices are taught in the Ys family-friendly, positive environment.
- Kids learn the fundamentals of swimming and how to Compete individually and on a team.
- Experienced coaches who embrace the Y values of caring, honesty, respect and responsibility.
 We encourage kids to be their very best in and out of the water.
- Everyone is welcome. Financial assistance is available through our scholarship program.

GENERAL PREREQUISITES:

- Ages 6+
- Ability to swim 25 yards of freestyle with rotary breathing without stopping and 25 ysrds of backstroke without stopping
- Swimmers must be YMCA members to participate
- Swimmers have the option to register for USA Swimming to compete in additional meets throughout the season
- All swimmers who have never competed on a swim team prior, must set up an evaluation with Ali Fair the Aquatics Director.
- All swimmers who have prior competitive experience contact Coach Collin for proper team placement.

STAFF

Collin Chamberlain Ali Fair Andy Orazio Titans Head Coach Aquatics Director CEO/Executive Director cchamberlain@sanfordymca.org afair@sanfordymca.org aorazio@sanfordymca.org

CONTACT US

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MEMBERSHIP FEES

Swimmers on the Sanford-Springvale YMCA Titans Swim Team must be a member for the entire duration of the swim season per YMCA of the USA regulations. Membership options are listed below. For a complete listing of member benefits visit sanfordymca.org

Membership Type	Monthly Rate
Youth (0 -12 yrs)	\$24
Youth (13)	FREE
Youth (14-17 yrs)	\$30
Young Adult (18–25 yrs)	\$37
Adult (26-61)	\$47
One Parent Family	\$69
Family	\$78

Memberships can be drafted monthly or prepaid for a minimum of 3 months.

TEAM FEES

Swimmer fees must be paid in full at the time of registration, or monthly payment plans can be set up by the Aquatics Director prior to registration. 5% discount for multiple children. Scholarship applications must be submitted prior to registration.

Team	Full Season	Half Season
White (new 10 & under)	\$275	\$178
Blue (ages 8 - 13)	\$275	\$178
Junior (ages 10 - 14)	\$320	\$208
Performance (ages 11 - 18)	\$380	\$247

Please note ages are a suggestion please pick the team most appropriate for your child's skill level.

OTHER FEES & EXPENSES

Swimmers are required to have a practice suit, swim cap and goggles.

All senior swimmers will need to purchase their own fins. Fins can be purchased online at the Swim Outlet or Amazon.

Titans are a USA Registered Swimming Team. Participation in USA meets requires additional fees.

FUNDRAISING

All of our swim team families are asked to participate in team fundraisers, which allow for lower team fees. Funds raised also support new equipment and scholarships.

SCHOLARSHIPS

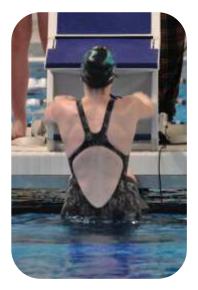
At the Y, we believe we have something special - a sense of community - and that everyone should have access to it. We were proud to share the Y with more than 1000 children, seniors and families last year who otherwise might not have become part of our Y family.

Scholarship applications are available at the Welcome Center and at sanfordymca.org.

Please turn in your scholarship application at least one week before you register for Titans.

EVALUATIONS

All swimmers who have never competed on a swim team must set up an evaluation prior to registration with Ali Fair the Aquatics Director



STAY INFORMED

- Team Unify: Be sure to set up an account with your email. Team Unify is how all team communications are sent out
- Facebook. Please "like" the YMCA's Facebook page
- Visit sanfordymca.org/Titans
- Team Bulletin board located in pool lobby

SEASON DATES

Full summer season runs April 22 - August 10 Half Season A: April 22 - June 15 Half Season B: June 17 - August 10

PRACTICE SCHEDULES

Teams	Days	Times
White	Tu, Th, F F	Pool - 4:30pm - 5:30 pm Drylands - 5:45pm - 6:30pm
Blue	Tu, Th, F F	Pool - 4:30pm - 5:30pm Drylands - 5:45pm - 6:30pm
Junior	M M Tu, Th F F	Dryland - 5:00pm - 5:45pm Pool - 6:00pm - 7:00pm Pool - 5:30pm - 6:30pm Drylands - 5:00pm - 5:45pm Pool - 6:00pm - 7:00pm
Performance	M M Tu, W, Th F F Sat	Dryland - 5:00pm - 5:45pm Pool - 6:00pm - 7:00pm Pool - 5:30pm - 7:00pm Drylands - 5:00pm - 5:45pm Pool - 6:00pm - 7:00pm Pool - 7:00am - 8:30am

SWIMMER CODE OF CONDUCT

- Be consistent, regularly attend practice and show up on time.
- Notify coach of any planned or unplanned absences.
- Work on reaching my goals during each practice or meet.
- Practice and teach good sportsmanship.
- Promote positive team spirit and morale.
- Attend all YMCA dual meets.
- Attend the YMCA State Meet.
- Participate in clinics held for younger swimmers.
- Respect the rights and space of other groups using the swimming facility, cleaning up all equipment at the conclusion of each practice.
- Respect my teammates, competitors and adults.
- Follow verbal directions of coaching staff. Disrespectful attitudes will not



MEET

Date	Meet	Location
05/05	(USA) ABF IMX Meet	Cape Elizabeth HS
05/17	(USA) Seals Meet	Westbrook, ME
05/31 - 06/02	(USA) SOLO Season Opener	Jenny Thompson Pool, Dover, NH
06/14 - 06/16	(USA) SOLO Jenny Thompson Invite	Jenny Thompson Pool, Dover, NH
06/28 - 06/30	(USA) SOLO Last Chance Invite	Jenny Thompson Pool, Dover, NH
07/18 - 07/21	(USA) 11—14 Age Group	Brown University, Providence, RI
07/26 - 07/ 28	(USA) SOLO Silver Championships	Jenny Thompson Pool, Dover, NH

The summer season is predominantly a USA swimming season. If you want to participate in the above meets you must register with USA Swimming.