



SANFORD SPRINGVALE YMCA

A smiling woman with long dark hair, wearing a green shirt, is leaning over a young girl. The girl is wearing an orange life vest and holding a black paddle. They are on a body of water, and the background is a bright blue sky. The image is overlaid with a teal geometric design.

SUMMER CAMP PROGRAM GUIDE

**SUMMER CAMP
SEASON 2023**

A WORD FROM OUR CAMP DIRECTOR

Dear YMCA Family,

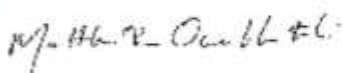
I am pleased that you have chosen our YMCA for your families summer camp adventure this year. The YMCA is the largest provider of summer camp services in the country and we are honored you have chosen us to provide this experience for your family. We take an incredible amount of pride in our work, and strive to provide the highest quality camp experience we can.

Our summer camp programs serve more than 250 children each summer with a safe, engaging, and nurturing summer camp experience. At the YMCA we are for healthy living, social responsibility, and youth development. These areas of focus come through in our work as we plan camp programs with the best interest of our campers and community in the forefront of our mind. The YMCA has four core values, caring, honesty, respect, and responsibility that we hold our staff, volunteers, and program participants accountable to. These values are the framework of our program, disciplinary philosophy, and approach to engaging with the individuals who participate in our program.

For over 50 years our YMCA has offered our trademark summer day camp, Camp Marland. Camp Marland will continue to be a high quality day camp offering campers the opportunity to engage in a variety of fun activities where they can learn new skills, further develop the skills they already have, and develop amazing friendships along the way. We are so excited to see the amazing smiles of our returning campers and meet new friends who will be joining us for the first time this year.

This summer I am excited to have the opportunity to expand our camp programming by offering a new series of camp experiences, **"Focused Fun"**. Our new series of camp programming is designed for those campers who want to fully engage in an area of interest for an entire week. These focused camps will allow campers the opportunity to fully immerse themselves in a particular hobby, area of passion, sport, or take an opportunity to really dive into something new or that they have wanted to try. If your camper is looking for a little more out of their summer camp one of our "Focused Fun" camps might just be what they are looking for.

Warm Regards,



Matthew R. Ouellette
Youth Development Director
207-324-4942
mouellette@sanfordymca.org



WHY CHOOSE US?

OUR AMAZING STAFF



Our camp programs take great pride in the staff team we bring together each year. Using a cross section of our YMCA childcare professionals and highly motivated local talent we build a staff team that is highly trained, highly engaged, and widely admired by both campers and their families.

OUR BEAUTIFUL FACILITIES



Our camp facilities are some of the very best in Southern Maine. Each camp is located in an environment designed for each camper to achieve absolute success. Each camp location was chosen to best meet the developmental needs of all campers. All camp facilities provide campers with adequate opportunity to challenge themselves and take on new challenges, while being safe and supported by peers and camp staff.

OUR WHOLE CHILD APPROACH



Each of our camp programs has been designed with the "whole child" at the forefront of every decision we make. We pride ourselves on enriching and enhancing the lives of each camper who spends time with us each summer. Some campers choose to spend the entire summer with us and others just a week or two. Regardless, we make every effort to ensure the time spent with us is some of the best each child will experience all summer.

OUR CAMPS

Mini Marland - Mini Marland is located on the beautiful campus of our YMCA. This wooded in-town camp location allows us the opportunity to engage young campers in a traditional camp setting surrounded by trees and along the shores of the Mousam river. This location provides all the feels of a deep woods Maine camp with the safety and security of our YMCA nearby if needed for inclement weather or extreme heat.

Big Marland - Big Marland is located on over 30 acres of wooded shoreline along Bunganut Lake in Lyman. Campers are offered the opportunity to engage in all the traditional day camp activities including art exploration, hiking, sports and games, archery, canoeing, and more. The close proximity to our YMCA allows us to ability to maximize our time on campus at Bunganut Lake Park in Lyman and surround campers with the beauty of the great Maine woods.

NEW! **Focused Fun @ Muscatawa** - Focused Fun @ Muscatawa is located on a private waterfront property on the shores of Kennebunk Pond in Lyman. This new camp facility is provided by a new partnership with the owner of the former boy scout camp, Muscatawa. This partnership had given us the opportunity to offer program specific camps where campers can focus on one area of interest for an entire week. The camp facilities include a private waterfront, miles of hiking trails, open fields, former boy scout camp buildings, indoor shelters for focused work and learning, and opportunities to get out of inclement weather or extreme heat if needed.

NEW! **Focused Fun Sports Camp** - Focused Fun Sports Camps are 1/2 camp opportunities for campers looking to focus on the development of their individual skills in either basketball or soccer. Using the open fields and courts at our YMCA we will be able to provide campers the opportunity to spend time this summer working their individual skills to further enhance their soccer or basketball skills. These half day camps will include the opportunity to swim in the Y pool following each camp session.



MINI MARLAND

Camp Mini Marland is offered to children entering Kindergarten or 1st grade in the 2023-2024 School year.



BIG MARLAND

Big Marland is offered to children entering 2nd grade through 7th grade in the 2023-2024 school year

NEW!



FOCUSED FUN @ MUSCATAWA

Camp Muscatawa is for campers entering 5th through 8th grade in the 2023-2024 school year

NEW!



FOCUSED FUN SPORTS CAMP

Sports Camp is for campers entering 5th through 8th grade in the 2023-2024 School Year

MINI MARLAND

Mini-Marland

Is an introductory program into the world of YMCA camping. Nestled into the woods on our YMCA campus along the Mousam way trail and the shores of the Mousam River, Camp Mini-Marland gives campers the feel of being part of a summer camp in the woods of Maine. Our Mini-Marland program utilizes all of the natural landscape around our YMCA to provide daily opportunities for campers to go hiking, create amazing works of art, build forts and fairy houses, and develop physical skills in sports and games.

Having the YMCA facility to lean on allows us to support the needs of young campers during days of inclement weather or extreme heat. Each day campers are given the opportunity to swim in the YMCA pool. The safety and security of our YMCA aquatic facility allows campers the ability to feel safe over coming hesitations around the water and confident swimmer a place to become stronger swimmers without the pressure of a large open water environment.

Mini Marland is a wonderful blend of a traditional summer camp program and the nurturing environment of a summer preschool program.

Mini Marland Details :

- First week of Camp = June 19th - June 23rd
- Last week of Camp = August 14th - August 18th
- 50 campers per day max enrollment
- Life Jackets required for all swimmers (not provided)
- Drop Off and Pick Up on the YMCA Playground
- Open Daily - Monday through Friday - 6am-6pm
- No Cost Breakfast Club available on site
- No Cost Take Out Lunch Program available

Questions About Mini Marland ?

Jordan Godin
Mini Marland Camp Coordinator
207-324-4942
jgodin@sanfordymca.org



BIG MARLAND

Big Marland

The cornerstone program of our camp offerings again this summer. This is our very first camp program offered more than 50 years ago on Ell Pond in South Sanford and now the beautiful 30+ acres of Bunganut Lake Park in Lyman. This foundational camp program continues to provide campers with the true feel of traditional summer camp located in the deep woods of Maine. Our camp facility allows our campers the opportunity to enjoy a variety of wonderful activities such as canoeing, archery, hiking, swimming, fishing, sports and games, arts and crafts, and much more. Each day we gather as an entire camp family in the lake front amphitheater to share songs, stories, and to create a camp culture that is inclusive, supportive, and memorable.

Our choice-based program is designed to allow campers the opportunity to have some voice and choice in their camp day. This program structure allows campers the opportunity to engage in their favorite activities more, and limit engagement in less preferred ones. When campers are given the ability to make choices that best suit them it is proven that the quality of each camper experience grows. This program structure allows campers to be in groups with like minded peers whose interests align to enhance the experience for all.

Transportation to and from Big Marland is provided daily from our YMCA campus in Sanford. We use our own full size bus and partner with other local bussing businesses to provide safe, secure, and professional transportation. East & West Camp busses are scheduled to leave the Y at 8:15am and North and South busses leave at 9am. The return time of each group will be 3:15pm and 4:00pm.

Big Marland Details :

- First week of Camp = June 19th - June 23rd
- Last week of Camp = August 14th - August 18th
- 200 campers per day max enrollment
- Drop Off & Pick Up at Bunganut Lake Park (7am-5:30pm)
- Drop Off and Pick Up at the YMCA Program Field (6am - 9am & 3:30pm - 6pm)
- Open Daily - Monday through Friday - 6am-6pm
- No Cost Breakfast Club available on site at YMCA
- No Cost Take Out Lunch Program available to all
- Camp Cost - Full Time \$195/**\$190** Part Time \$150/**\$145**

RED Pricing Indicates Member price

Questions About Big Marland ?

Matthew Ouellette
Youth Development Director
mouellette@sanfordymca.org



CAMP MARLAND MEAL PROGRAM

We are very excited to partner with the **Sanford School Nutrition Program** again this summer to offer onsite meals at our YMCA for all Mini & Big Marland campers! This partnership has made the lives of camp families easier for more than 3 years by providing a **BREAKFAST** opportunity for all campers who are dropped off at our Y, and a **TAKE OUT LUNCH** opportunity for ALL campers at both Mini and Big Marland. As we get closer to the start of camp a meal template will be available for families as predicting meals now would be difficult with challenged supply chains. Please ask our camp coordinator or director if you have any questions about this wonderful opportunity.

Breakfast Club Details:

Time: 7:30 – 8:30

Days: Monday through Friday

Location: YMCA Aquatics Lobby

Logistics: Camp staff will take groups of campers as they arrive to camp to pick up breakfast if they choose.



Take Out Lunch Program:

Time: 11:45 – 12:15

Days: Monday through Friday

Location: YMCA Aquatics Lobby for Mini-Marland campers, & onsite at Big Marland.

Logistics: Mini Marland camp staff will take groups of campers to receive lunch at point of service. Big Marland staff will transport lunches to camp to be served on site.



How Do I Get Signed Up?

Communicate your meal program needs each week to camp staff so your camper can be counted in the distribution numbers – we will take care of the rest!

NEW
this
SUMMER!

FOCUSED FUN @ MUSCATAWA

We are incredibly excited to be expanding our camp programing this summer as we always look for ways to meet the demands of our ever changing community. These **"Focused Fun"** camp opportunities are designed to be a fully immersive program for campers to fully explore areas of interest and passion. Many traditional summer day camps provide campers the opportunity to be exposed to a wide variety of different activities but sometimes only allow them to scratch the surface of possibility. Our **"Focused Fun" camp series** will allow campers to dig deep into these areas and continue building skills they already have, sharing knowledge with other like minded peers, and learn from local enthusiasts who will join us for portions of our camp experience.

Focused Fun Camp Details :

Session 1 - July 10th - July 14th

Session 2 - July 17th - July 21st

Camp Cost - \$300.00 per session

Camp Cost Includes Camp T-Shirt



Alluring Art Camp: Join us for 5 days of fully immersive art experiences on the beautiful shores of Kennebunk Pond. During this 5-day art adventure campers will have the opportunity to engage with a variety of art mediums like: acrylic and watercolor paints, pencils, chalk & cray-paw, pottery, mosaics, sculpture, 1 act theater and more. During the week campers will have the opportunity to cross mediums and explore different additions to their creative process to experience how adding simple things to our art can enhance it beyond measure. Using the amazing landscape of our camp facility and the beautiful water of Kennebunk Pond as inspiration campers will have the opportunity to try landscapes, still sets, models, and freely express what lies within. This 5-day experience is sure to connect your budding artist with other like-minded peers and adults who can guide and inspire the next phase of the artist expression. During each camp day campers will have the opportunities to enjoy a recreational swim or chill time with peers and staff and learn a new game or play an old favorite. The 5 days will culminate with a gallery display of the amazing works created over the week for all campers and families to enjoy on our Final Friday Art Walk.

Creative Minds Camp: Join us for 5 days of creating amazing gadgets, gizmos, and vehicles using our best critical thinking skills as we build, test, and challenge ourselves and our creations! Critical thinking is one of the most desired and sought after skills in the job market today. Being able to think outside the box, work as a team, and continue to work towards a goal after facing challenges are skills that all teachers, colleges, and employers are looking for in the next generation. This camp will challenge campers as they build kites, cars, boats, rockets, robots, and more. Campers will draft plans, create blue prints and use new tools to build their own creations and challenge themselves and others with completed projects in Final Product Face Offs! During each camp day campers will have the opportunities to enjoy a recreational swim or chill time with peers and staff and learn a new game or play an old favorite. Come with us to let your inner-nerd flourish in this science filled engaging camp experience.

The Great Outdoors Camp - Join us for 5 days of diving into the great outdoors. In this camp we will explore all the great Maine wilderness has to offer, fishing, paddles sports, orienteering, outdoor cooking, trip planning, safety & emergency preparedness, shelter building, and basic nature exploration and education. We will enjoy the opportunity to try different types of fishing from bait casting to fly fishing. Campers will have the chance to practice a variety of different paddle sports from canoeing & kayaking to paddle boarding. During our week together we will practice setting up camp sites, building natural shelters, and starting camp/cooking fires. This week is sure to excite the outdoor enthusiast, average angler, and happy weekend hiker.

NEW
this
SUMMER!

FOCUSED FUN SPORTS CAMPS

This summer we are unbelievably excited to offer members of our community the opportunity to hone their sport specific skills by engaging in 1/2 day **skill development camps** here at our YMCA. We recognize the local desire young athletes and their families have for additional skill work and player development during the off season and summer. Our camps are not only focused on the skill development of players but the self-confidence, nutrition, and mindset it takes to be successful on and off the field.

Our **Focused Sports Camps** will be led by local high school coaches and athletes who have put in the work and developed the skills and knowledge to compete and coach at the next level. Our camp staff are excited to share with you their knowledge and passion for the sports they love. Sharing their knowledge, love, and passion for the game is sure to help aspiring athletes continue to develop their skills and strengthen their love for the game.

Camp Details:

Co-Ed Soccer Camp - July 31 - August 4

Campers Entering: 5th 6th 7th 8th grade for the 2023-2024 School Year

Camp Hours: 8am-12noon

Co-Ed Basketball Camp - August 7 - August 11

Campers Entering: 5th 6th 7th 8th Grade for the 2023-2024 School Year

Camp Hours: 8am-12noon

Camp Cost: \$100 per week, Includes a Camp T-Shirt



STAY CONNECTED ALL SUMMER LONG!

Connect with us on our social media outlets to be sure you have the latest and most up to date information about Camp Marland & YOUR YMCA.

Program Updates, Field Trip Information, Upcoming YMCA Events, Pictures, Videos, and much more. Like us on Facebook & Instagram @ Sanford Springvale YMCA.



Bunganut Lake Park

Bunganut Lake Park is located at 224 Brock Road in Lyman. The park opens for weekends only starting the weekend after Memorial Day each year. It is open 7 days a week beginning the week following the last week of the school year. The park closes for the season after Labor Day each year.

Season and day passes, and rentals for group gatherings are available by calling the Y at 207.324.4942.

Updated information on rates for the 2023 will be available on the Y website in May.

