



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Sanford-Springvale YMCA



Annual Report 2022

1 Emile Levasseur Dr.
Sanford, ME 04073
www.sanfordymca.org
207.324.4942



HERE FOR ALL. HERE FOR GOOD.



2022 was a year of rebuilding and reconnecting.

2022 was a year of growth coming out of the lingering effects of the prior two years. We have been working diligently to reconnect throughout our community while we rebuild the high quality programs and services provided by our YMCA.

Throughout the long history of the Sanford-Springvale YMCA, new and long-standing relationships in the communities we serve have allowed us to have a positive impact in the lives of so many of our friends and neighbors. The support provided by the community was extraordinary, and we couldn't have done it without you. This annual report shines a light on everything we accomplished together in the last year.

On behalf of the Board of Directors and YMCA staff we wish to genuinely thank you for being a part of our Y family. We sincerely appreciate every individual that remained committed to the Y through membership, volunteerism, and financial support to overcome the challenges we faced in 2022.

As we move forward into 2023, we can feel the energy and momentum continuing as our program offerings increase, and new and returning members walk through the doors every day to become part of the active, vibrant Y community. **Strong Communities Thrive Together.**

Most Gratefully,

Andy Orazio

Chief Executive Officer, Sanford-Springvale YMCA

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SANFORD-SPRINGVALE YMCA
1 Emile Levasseur Dr.
Sanford, ME 04073
207.324.4942

TRAFTON SENIOR CENTER
19 Elm Street
Sanford, ME 04073
207.457.0080

COMMUNITIES SERVED:

Sanford	South Berwick
Springvale	Waterboro
Acton	Limerick
Lyman	Parsonsfield
Alfred	Newfield
Berwick	Wells
North Berwick	Ogunquit

WWW.SANFORDYMCA.ORG



OUR IMPACT AT A GLANCE

For over 80 years, the Sanford-Springvale YMCA has been a leading nonprofit committed to strengthening community through our focus on youth development, healthy living and social responsibility. More than 10,000 individuals made the Y an important part of improving their lives, through academic achievement, advocacy, child care, exercise, social programs and teen development. The Y.™ For a better us.™

Youth Development



Healthy Living



Social Responsibility



ORGANIZATIONAL FISCAL PROFILE

For fiscal year ending December 31, 2022

REVENUE & SUPPORT

Child Care:	\$1,304,814
Membership:	\$859,372
Program Fees:	\$218,814
Contributed Income:	\$168,626
Investment Income:	\$151,354
Management fees	\$146,702
Other:	<u>\$ 85,637</u>
Total Revenue & Support	\$3,646,148

EXPENSES

Youth Development:	\$1,287,940
Healthy Living:	\$1,402,014
Social Responsibility:	<u>\$227,043</u>
Total Programs:	\$2,916,997
Management:	\$ 587,767
Total Expenses:	<u>\$3,504,764</u>

KEY PERFORMANCE INDICATORS

Working Capital Ratio	2.9	Exceeds*
Debt Ratio	20%	Exceeds*
Net Asset Ratio	82%	Exceeds*

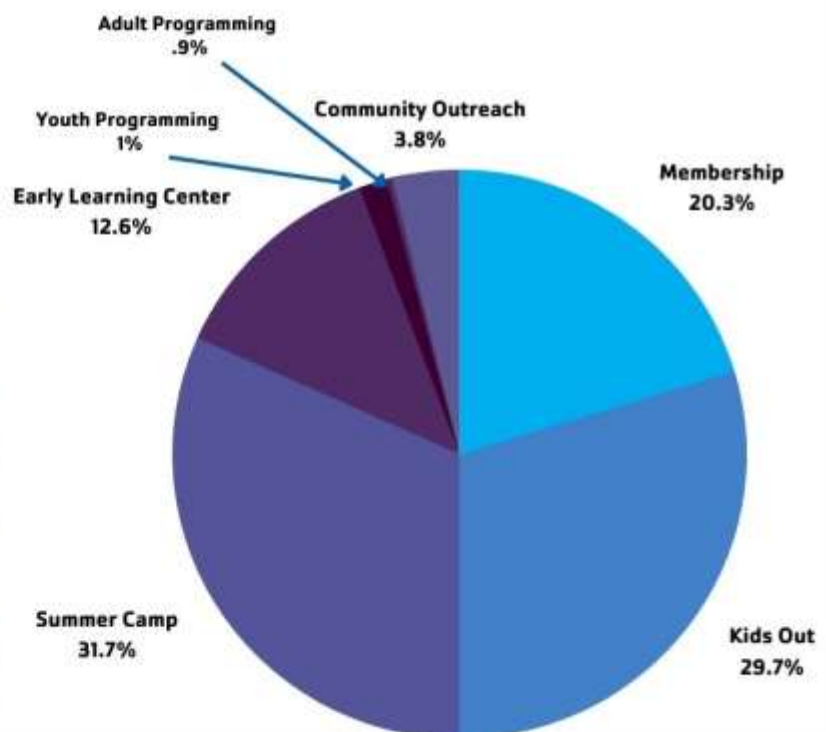
* Y Benchmark



COMMUNITY IMPACT

SCHOLARSHIP DOLLARS AT WORK

Kids Out Enrichment Program	\$67,451
Membership	\$46,077
Summer Camp	\$71,977
Early Learning Center	\$28,659
Youth Programming	\$3,588
Adult Programs	\$741
Community Outreach	<u>\$8,550</u>
TOTAL	<u>\$227,043</u>



YMCA BOARD OF DIRECTORS:

2022 Officers

Bruce Lapham President
Bob Sullivan Treasurer
Maureen Killay Secretary

2022 Board Members

Fran Bodkin Jessica Perks
Jonathan Hussey John Roux
Donna Johnson Kimberly Stewart
Paul Toole Alden Thayer
Gina Mosher Mel Johnson
Keith Patterson

YMCA LEADERSHIP TEAM

Andy Orazio	CEO/Executive Director
Merilee Perkins	Director of Healthy Living
Sara Wade	Finance & Human Resources Director
Shannon Robinson	Member Services Director
Matthew Ouellette	Youth & Family Services Director
Donna Buttarazzi	Marketing & Communications Director
Ali Fair	Aquatics Director
Robin Bibber	YMCA Trafton Center Director
Chris Caswell	Facilities Director

2022 YMCA CHAMPION SPONSORS

PLATINUM

Coca-Cola
Dick and Pam Lolley
H.A. Mapes Inc.
Kennebunk Savings
Partners Bank

GOLD

Baker Company
Mark Caron -Great East Consulting Services
Roehm America LLC
Subway

SILVER

Acton Veterinary Clinic
Ameriprise -Hoenig & Hoenig
Atlantic Federal Credit Union
Back To Health Chiropractic
Batchelder Brothers Insurance
Corning Inc.
Cumberland Farms
Dead River Company
Dunkin Donuts
Patriot Subaru
PATCO Construction Inc.
Sanford-Springvale Rotary
Servpro
Teds Fried Clams
York County Community Action/
Nasson Community Health



THE REAL IMPACT OF OUR PROGRAMS

Janet has been an active member of the Y for 30 years. In 1993, with all of her children in school, she was looking for something to do for herself, and took her first Aqua Fit class at the Y.

"From that first class, I was hooked. I've been doing it ever since. I love my pool, and I am not a swimmer," she said. She said it was a great workout in her 30's and she still loves it today. Taking Aqua Fit classes at the Y four days a week, Janet says she has gained core stability, strength, stamina and a community of friends.

"I love the social part of it. It helps me stay connected. And I love the instructors. I'm constantly learning new things, and challenging my body," she said.

Janet would encourage anyone looking for a low impact workout to try one of the aquatic fitness programs at the Y.



Roger was new to the community and stopped by our Trafton Senior Center while out exploring his new city. Through this impromptu visit, he became a Trafton member.

Roger shares that he is grateful to have found a connection with new friends and enjoys playing corn hole and bridge each week. He is also grateful to have the opportunity to enjoy lunches on Fridays at Trafton Center.



"This is the biggest fight of my life, and I don't plan on losing," said Y member, Artie.

A former MMA fighter, he is currently fighting the biggest opponent of his life - cancer.

Years ago Artie trained at the Y for his cage fights. Today, at 55 with a cancer diagnosis, he's back at the Y five or six days a week fighting for his life with the same determination he used in the ring.

Artie lost 60 pounds in the first six weeks he worked out in the Y fitness center. He said the workouts have helped fight the depression that came with his diagnosis, and he's feeling stronger, healthier and more in control of his life every day. He credits the Y staff with helping to encourage and motivate him each day. We love Artie's positive energy, and we're here to help him win this fight!



Martin is an only child who attended our Camp Mini Marland Program. His parents expressed how helpful it was for their son to participate in a program where he made new friends and connections. These connections were important when Martin entered kindergarten in the fall. His parents believe that his experience at Camp Mini Marland was more than helpful in assisting with a positive transition to school.



Marietta works out at the Y five days a week in our fitness center and Hydro Fit classes.

A former marathon runner, she stays active to combat the symptoms of her Parkinson's disease. In 2022 Marietta finished her 100 sit-to-stand challenge at the Y in time for World Parkinson's Day.

Marietta is an inspiration to us all.

COMMUNITY IMPACT



PARTNERSHIPS

TRAFTON CENTER

- St. Thomas School Pen Pal project
- Thriving in Place with Sanford Housing and YCCA
- Hosts Altrusa Club bi-monthly meetings
- Partnered with the Sanford Farmer's Market for Senior Farm Share
- Sanford Backpack drop off location
- Community Little Pantry
- Participated in the Elks Club Spree of Trees
- Drop off site for Caps for Care - hats for cancer patients
- Fundraising dinner for YMCA staff member who lost their home in a fire in 2022.
- Trafton staff support a 92 year-old man who lives alone across the street, ensuring he has holiday meals and checking on him regularly.

YMCA

- Northeast Passage Veteran Support Services Cycle Program
- Maine Senior Games
- Let's Go 5-2-1-0
- Public Libraries
- Little Library at the YMCA
- Mainer Snap Ed Program
- Sanford Veteran's Center
- Sanford Backpack Program drop off site
- Nasson Health Center
- Maine Behavioral Health
- Southern Maine Health Care

2,100

Volunteer Hours from community members investing their time in the Y

230+

YMCA staff volunteer hours invested in organizations in our community

211

Community members employed by the Y in 2022

COMMUNITY EVENTS

- National Night Out
- Holly Daze Parade
- Sanford Scarecrow Competition
- Sanford School Dept. Back-to-School Vendor Fair
- Hosted Mainly Marathon
- Hosted Maine Senior Games Events
- Sanford Alumni Association Spree of Trees

2022 BY THE NUMBERS

**STRONG
COMMUNITIES
THRIVE
TOGETHER**

91,540

TOTAL VISITS TO OUR
YMCA IN 2022

10,000+

YMCA Members remain
committed to their health &
wellness

3,479

Swim lessons to over 300
youth building their strength
and confidence in the water

1,560+

Group Exercise classes
offered in 2022

330

Personal Training
Sessions

