



Find Your Passion.

Find Your Y.

**Membership Guide
SANFORD-SPRINGVALE YMCA**

For a better us.®

FIND YOUR PASSION. FIND YOUR Y.

» JOIN TODAY

For a better us.®



At the Y, you'll find more than just a place to work out. With opportunities to connect with new people, develop new skills and explore new interests, you might just discover a new passion, too!

CONTACT US

SANFORD-SPRINGVALE YMCA
1 Emile Levasseur Drive, PO Box 249
Sanford, ME 04073
(P) 207 324 4942
(F) 207 636 8046
(W) sanfordymca.org
(O) Facebook | You Tube | Instagram

HOURS OF OPERATION

Monday - Friday	5:00 am - 8:00 pm
Saturday	7:00 am - 4 pm
Sunday	8:00 am - noon

*Closed New Year's Day, Easter, Memorial Day, July 4th, Labor Day, Thanksgiving, closing at noon Christmas Eve, Christmas, closing at 3pm New Years Eve, New Years Day.

LEADERSHIP TEAM

Andy Orazio	CEO/Executive Director	aorazio@sanfordymca.org
Merilee Perkins	Director of Healthy Living	mperkins@sanfordymca.org
Sara Merrill	Finance & HR Director	smerrill@sanfordymca.org
Shannon Robinson	Member Service Director	srobinson@sanfordymca.org
Matthew Ouellette	Youth & Family Services Director	mouellette@sanfordymca.org
Donna Buttarazzi	Marketing & Communications Director	dbuttarazzi@sanfordymca.org
Ali Fair	Aquatics Director	afair@sanfordymca.org
Chris Caswell	Facilities Director	ccaswell@sanfordymca.org
Robin Bibber	YMCA Trafton Center Director	rbibber@sanfordymca.org

Welcome to the Sanford-Springvale YMCA, a nonprofit organization dedicated to strengthening the community. With a focus on developing the potential of kids, improving individual health and well-being, and giving back and supporting our neighbors, your participation will bring about meaningful change not just within yourself, but in your community, too. **For A Better Us.®**

MEMBERSHIP RATES *effective 1/1/23

Membership Type	Monthly Rate
Youth (0 - 12 yrs)	\$24
Youth age 13	No charge
Youth age (14-17 yrs)	\$30
Young Adult (18 -25 yrs)	\$37
Adult (26 - 61 yrs)	\$47
Senior (62+ yrs)	\$39
One Parent Family	\$69
Family	\$78
Senior Family	\$63

Memberships can be drafted monthly or prepaid for a minimum of 3 months.

GUIDE FOR NEW MEMBERS

Step 1: GETTING STARTED

Sign up for a free fitness training orientation. Youth ages 12 to 14 years are required to complete a fitness orientation before use of the Wellness Center.

STEP 2: DISCOVER

Review our pool and group fitness schedules, and our program guide for program classes and upcoming events. Available at the Welcome Center and at www.sanfordymca.org.

STEP 3: STAY CONNECTED

Go to www.sanfordymca.org for information on our programs and find us on Facebook and Twitter.

STEP 4: TEAM UP

Inquire about our Member Get a Member Program. You could earn \$25 towards your membership or program fees.

MEMBER BENEFITS

- No joiner fees or contracts.
- Access to group exercise and cycle classes.
- Access to wellness center staffed by certified fitness professionals (ages 13 and up). Youth ages 10-11 may use cardio equipment after completion of a fitness orientation and under the direct supervision of a parent/guardian. Youth age 12 may use the cardio equipment and weight machines after a fitness orientation and under the direct supervision of a parent/guardian.
- Free fitness orientation (required for ages 12 - 14).
- Access to pool during open & lap swim.
- Access to free orientation and 2 additional coaching sessions specifically designed for the beginner/less experienced exerciser looking for guidance.
- Access to game room
- 90 minutes of Prime Time services per visit.
- Access to locker rooms and showers. Please note: access to wellness center locker rooms is for ages 16+.
- Priority program registration & discounted rates .
- Access to saunas.
- Unlimited guest privileges. An individual can only be a guest twice in one month. Up to 2 Guests per active member per visit.
- Potential to earn \$25 towards membership or program fees through our Member Get a Member Program.
- Y members ages 50 and older may join the YMCA Trafton Center at no additional cost.
- Access to YMCA's across the Nation. Some restrictions may apply. Members must use their home Y at least 50% of the time.

YMCA PASS	DAY	WEEK
Youth (0 - 17 yrs)	\$5	\$15
Adult (18 + yrs)	\$10	\$15
Family (2 adults & children)	\$20	\$30

FINANCIAL ASSISTANCE

Financial assistance is available through the Y Scholarship Program. Scholarship applications are available at the Y or visit www.sanfordymca.org.

Y POLICIES

MEMBERSHIP CARD: All Current members must have a Sanford-Springvale YMCA membership card. This card must be scanned as you enter the facility. If you do not bring your card, staff can check you in. A Photo ID may be required.

MEMBERSHIP PHOTO: All members must have a photo on file on their membership account.

MEMBERSHIP CANCELLATION OR CHANGE:

Any changes to membership, including cancellation, must be done in person at the Welcome Center prior to the start of the month in which you want the change to take effect.

REFUND/CANCELLATION: Membership fees are non-refundable and non-transferable. Program fees are fully refundable if cancelled prior to the start of the class. If a cancellation is requested during weeks one and two of the session, a 50% program credit will be issued.

MONTHLY DRAFT AGREEMENT: Membership dues can be paid monthly through an automatic draft, or prepaid for a minimum of 3 months. Dues are not refundable or transferrable. Member accounts can be drafted on the 1st or the 12th of every month. Members must be 18 years or older in order to activate a membership. If the member is a minor, a parent or guardian must be present to sign any necessary documents. The YMCA Board of Directors, at its discretion and with proper notification, may adjust the monthly rates. The YMCA reserves the right to terminate a membership for any unpaid fees.

RETURNED PAYMENT FEE: If a payment is returned for ANY reason, the member will be charged a returned payment fee. Fees may be waived only at the discretion of the Finance and Membership Directors.

PROGRAM CANCELLATION: The YMCA reserves the right to cancel, without notice, any program due to low enrollment. Fees will be credited/refunded. Program classes cancelled due to inclement weather will not be credited or refunded.

REGISTERED SEX OFFENDERS: Memberships are not available to any registered sex offender.

MULTI-MEDIA: YMCA programs and events are often photographed or videotaped for promotional purposes. If you do not wish to be included in YMCA promotional materials, please indicate this to the YMCA staff. The use of cell phones and other electronic devices are prohibited in ALL locker rooms, restrooms and wellness centers. As a courtesy to those around you, the YMCA asks that you please use designated areas while on your cell phone.

FOOD & DRINK: Food and drink are permitted in designated areas only. Water and sports drinks are permitted in the Wellness Center and group fitness classes. Water stored in a non-glass container is the ONLY drink permitted in the pool area.

YOUTH SUPERVISION: Children 12 and under must have an adult (parent or guardian that is 18+) in the building at all times. More youth supervision policies are available at the Welcome Center.

WEAPON & SMOKE/VAPE FREE CAMPUS:

Carrying or concealing a weapon or any device or object that may be used as a weapon is not permitted on YMCA premises. The YMCA is a tobacco-free environment and has prohibited the use of tobacco products in our facility and on the YMCA property. Tobacco products include and are not limited to: cigarettes, pipes, cigars and electronic cigarettes.

INCLEMENT WEATHER: The YMCA CEO reserves the right to close the facility or cancel programs and classes due to inclement weather. Closings and cancellations will be posted on local news stations and social media accounts. Program classes cancelled due to inclement weather will not be credited or refunded.

NONDISCRIMINATION: It is the policy of the YMCA to make membership available to all persons regardless of race, color, religion, sex, age, marital status, sexual orientation, gender identity or expression, national origin, disability, or financial circumstances without discrimination.