SAFE SWIMMING
STARTS HERE

Swimmers who are 12 and under must have a wrist band before entering the water. To find the appropriate colored band please check the chart below or please take a swim test with a lifeguard.

- **Swimmers with a RED BAND** may only access the shallow end, must wear a PDF and have an adult with them in the water within arms reach at all times.
- **Swimmers with a YELLOW BAND or YELLOW STRIPED BAND** may only access the shallow end of the pool.
- **Swimmers with a GREEN BAND or GREEN STRIPED BAND** may access all areas of the pool.

**0-7 yrs Old Red Bands**
- Access to shallow roped off area of the pool ONLY
- Adult must be in the water within arms reach at all times (1:2 ratio)
- Must wear PFD at all times

**0-7 yrs Old Yellow Bands**
- Access to shallow roped off area of the pool ONLY
- Adult must be in the water within arms reach at all times (1:2 ratio)
- Must wear PFD at all times

**0-7 yrs Old Green Bands**
- Access to all areas of the pool.
- Adult must be in the water within arms reach at all times (1:2 ratio)

**8-12 yrs Old Red Bands**
- Access to shallow roped off area of the pool ONLY
- Adult must be in the water within arms reach at all times (1:2 ratio)
- Must wear PFD at all times

**8-12 yrs Old Yellow Bands**
- Access to shallow roped off area of the pool ONLY
- Adult must be in the water within arms reach at all times (1:2 ratio)

**8-12 yrs Old Green Bands**
- Access to all areas of the pool.
- Adult must be in the water within arms reach at all times (1:2 ratio)

**0-12 Green Band Swim Test Policy**: To earn a green band, a child must complete the following tasks in sequence
- Enter from shallow end of the pool
- Swim Length of pool (25 Yards) without stopping
- Climb out and jump in, then Surface
- Tread water effectively for 30 seconds
- Float on back for 5-10 Seconds

**0-12 Yellow Band Swim Test Policy**: To earn a yellow band, a child must complete the following tasks in sequence
- Enter from shallow end of the pool and swim 15 Meters (second red lane line marker) without stopping
- Climb out and jump in then surface
- Tread water effectively for 15 seconds
- Float on back for 5 seconds
- OR pass the armpit depth height test

**Swimmers who do not complete or chose not to take the swim tests must wear a Red Band**