

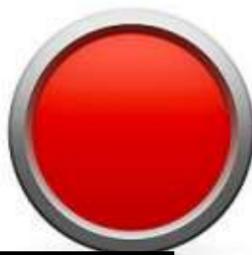


**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SAFE SWIMMING STARTS HERE

Swimmers who are 12 and under must have a wrist band before entering the water. To find the appropriate colored band please check the chart below or please take a swim test with a lifeguard.

Swimmers with a **RED BAND** may only access the shallow end, must wear a PFD and have an adult with them in the water within arms reach at all times.



Swimmers (4-7 years old) with a **STRIPED BAND** of any color must have an adult in the water within arms reach at all times!

Swimmers with a **YELLOW BAND** or **YELLOW STRIPED BAND** may only access the shallow end of the pool.



Swimmers with a **GREEN BAND** or **GREEN STRIPED BAND** may access all areas of the pool.



0-12 Green Band Swim Test Policy: To earn a green band, a child must complete the following tasks in sequence

- Enter from shallow end of the pool
- Swim Length of pool (25 Yards) without stopping
- Climb out and jump in, then Surface
- Tread water effectively for 30 seconds
- Float on back for 5-10 Seconds

0-12 Yellow Band Swim Test Policy: To earn a yellow band, a child must complete the following tasks in sequence

- Enter from shallow end of the pool and swim 15 Meters (second red lane line marker) without stopping
- Climb out and jump in then surface
- Tread water effectively for 15 seconds
- Float on back for 5 seconds
- OR pass the armpit depth height test

Swimmers who do not complete or chose not to take the swim tests must wear a Red Band

<p>0-7 yrs Old Red Bands Striped Yellow or Striped Green Bands</p>	<ul style="list-style-type: none"> • Access to shallow roped off area of the pool ONLY • Adult must be in the water within arms reach at all times(1:2 ratio) • Must wear PFD at all times 	<ul style="list-style-type: none"> • Access to shallow roped off area of the pool ONLY • Adult must be in the water within arms reach at all times(1:2 ratio) 	<ul style="list-style-type: none"> • Access to all areas of the pool. • Adult must be in the water within arms reach at all times (1:2 ratio)
<p>8-12 yrs Old Red Bands Yellow or Green Bands</p>	<ul style="list-style-type: none"> • Access to shallow roped off area of the pool ONLY • Adult must be in the water within arms reach at all times(1:2 ratio) • Must wear PFD at all times 	<ul style="list-style-type: none"> • Access to shallow roped off area of the pool ONLY • Adult must remain on deck directly supervising the child 	<ul style="list-style-type: none"> • Access to all areas of the pool • Adult must remain on deck directly supervising the child