



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# Camp Marland

## Sanford-Springvale YMCA

# WELCOME TO CAMP

Dear Camp Families,

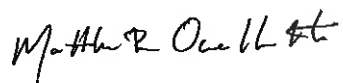
Welcome to your best summer ever! At Camp Marland each child will have a safe, fun and educational experience that will create memories that will last a lifetime. Their experience is guided by our three focus areas: youth development, healthy living and social responsibility.

Summer camp, like many Y programs, is about learning skills, developing character and making friends. But few environments are as special as camp, where kids become a community as they learn both how to be more independent and how to contribute to a group. Camping teaches self-reliance, a love for nature and the outdoors and the development of attitudes and practices that build character and leadership.

Our experienced and trained staff are dedicated to helping your child achieve great things. Counselors undergo extensive training in our policies and procedures, which always puts the health and safety of your child first. Every counselor participates in local trainings covering behavior management, child abuse prevention, basic child psychology, emergency procedures, First Aid and CPR.

Thank you for choosing Camp Marland. Please don't hesitate to give me a call or send me an email. My door is always open.

Warm Regards,



Matt Ouellette

Youth & Family Services Director



## CAMP MARLAND @ Bunganut Lake: Campers entering 2nd– 7th grade

Our summer camp program is unlike any other in the area. Our location on Bunganut Lake provides us amazing opportunities that not all summer day camps offer. And like all Y programs, our summer camp is designed to instill and reinforce our four core values: caring, honesty, respect and responsibility. We give our campers the responsibility of choosing activities that will give them the best camp experience. Each week campers choose from a variety of opportunities that will allow them the opportunity to take on new challenges, build skills, or engage in old favorites. Choices will include a variety of instructional programs like archery and canoeing where campers will be tested on their knowledge and skills and receive certificates of achievement as they master each skill level. Other activity choices include nature exploration, arts and crafts, competitive and non-competitive games, fort building, & swimming. Every Friday camp will end with a special event or field trip to close our week in an exciting way. The special events and field trips further enhance a camper's experience. Special events include our annual "Super Villain Hunt" and our Annual "Camp Marland Has Talent" variety show on our final Friday. Field trip destinations have included Peaks Island, Ferry Beach State Park, Drake's Island and many more locations.



## CAMP MINI-MARLAND: Campers entering Kindergarten and 1st grade

Mini Marland is a new component of our Camp Marland programming this summer. Mini Marland will be available for children entering Kindergarten and 1st grade. Mini Marland will be held on site at our YMCA. Campers will enjoy many of the same activities and opportunities that others receive at Camp Marland on the Lake but in an environment that allows us to better meet their needs and developmental levels. We will use our camp cabins located just behind the playground as our Mini Marland space. Keeping this age group on site will allow us to better support our young campers as they explore and navigate the world of summer camp. Mini Marland campers will swim daily in the pool, have access to miles of hiking trails and a large sports and game field, engage in arts and crafts programs, attend local walking field trips, have the ability to take swim lessons, and have access to indoor spaces on inclement weather days to ensure safety and comfort for our youngest campers. Mini Marland is the ideal setting for our youngest campers to get the most out of their summer.

## LEADERS IN TRAINING: Campers entering 8th – 10th grade

Our LIT program provides a unique opportunity for youth to build leadership skills and enjoy their summer while doing it. We will use a variety of strategies to deliver a leadership skill development curriculum to the youth who engage in this work with us, allowing them to securely step outside their comfort zones and engage in the difficult work of growing as a leader. The LIT curriculum includes assisting camp counselors by working with younger kids at camp at different times during each session. LITs are given age-appropriate challenges that build their skills, confidence, and capacity for working with people of all ages – all in a Maine summer camp setting. Youth will be accepted into the LIT program based on their application & letter of recommendation. Each of the four two week sessions will be limited to 10 LITs. Applications and letters of recommendation are due **no later than June 1st**.

Andy Orazio  
CEO

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[sanfordymca.org/CAMP](http://sanfordymca.org/CAMP) ♦ FACEBOOK ♦ TWITTER

Camp facilities are provided in collaboration with the Town of Lyman through the Parks & Rec Dept.

# AQUATICS PACKAGE



What can we do to help your camper be safer and more confident in the water?

The aquatics package is designed to help campers build strong swimming skills as part of their summer camp experience. These swim lessons will help campers strengthen not only swimming skills but also self-confidence. Lessons will be in two sections, with two levels taught in each section. These lessons are going to take "waders" and "shoreline splashers" and help them begin to move independently and confidently into deeper water. We will also take campers who are "doggy paddling" and teach them to "crawl stroke". Campers "crawling" in a life jacket will shed the flotation and begin to swim independently of flotation assistance. If your camper swims without flotation already but could use some help building confidence and stamina we have lessons for this skill level as well.

**Camp Marland** swim lessons are offered all nine weeks of camp this summer! Lessons will be taught by one of our highly trained and professional YMCA swim instructors. Lessons will occur during one of two "Instructional Periods" Monday through Thursday. **FEE: \$20.00 for 4 lessons.**

Week:	1	2	3	4	5	6	7	8	9	10
<b>Dates:</b>	No Lessons	7/2-7/6	7/9-7/13	7/16-7/20	7/23-7/27	7/30-8/3	8/6-8/10	8/20-8/24	8/20-8/24	8/27-8/31

We are excited to offer our **Mini Marland** campers the opportunity to be part of our fun, engaging, and educational swim lesson program. Our Mini Marland campers will have reserved spots in two of our regularly scheduled swim lesson sessions during the summer. Our highly trained, professional instructors will help your mini camper develop their swimming skills in the safety and security of our YMCA indoor pool. **FEE: \$40.00 for 8 lessons. (2 Week Sessions)**

Session	Week 1	Week 2
Session 1	7/2-7/6	7/9-7/13
Session 2	7/16-7/20	7/23-7/27
Session 3	7/30-8/3	8/6-8/10
Session 4	8/13-8/17	8/20-8/24

# CAMP DETAILS



## OUR CAMP FACILITIES:

### CAMP MARLAND @ BUNGANUT LAKE

Our camp is located on 30 acres of the beautiful Bunganut Lake Park in Lyman. Bunganut Lake Park gives us the opportunity to provide our campers with the environment for a true Maine summer camp experience. Campers have access to the shallow water front of Bunganut Lake, miles of hiking trails, historic amphitheater, volleyball courts, recreation fields, the Camp Marland Mansion, and all that 30 acres of Maine wilderness has to offer.

### MINI-MARLAND @ SANFORD-SPRINGVALE YMCA

Our new addition to the Camp Marland program is located at the main YMCA facility in Sanford. Mini-Marland campers will access our former Camp Marland site along the Mousam Trail Way just behind our Y. Campers will experience all that a traditional Maine summer camp has to offer with the safety and security of being on our Y campus. Mini-Marland campers will swim daily in the pool, have access to miles of hiking trails, a large sports and game field, playground, and access to community events and opportunities.

### CAMP HOURS

Pre-Camp at the YMCA	6:00 to 8:30 am
Pre-Camp at Bunganut	7:00 to 9:00 am
Camp Marland	9:00 am to 3:30 pm
Post-Camp at the YMCA	3:30 to 6:00 pm
Post-Camp at Bunganut	3:30 to 5:30 pm

### CAMP FEES

	Member	Non-Member
Camp Marland (M,W,F)	\$110	\$115
Camp Marland M-F	\$160	\$165
Aquatics Package	\$40/	\$40/
Mini Marland (2 wk session)	session	session
	\$200/	\$200/
LIT Program (2 wk sessions)	session	session
Registration Fee (Non-refundable)	\$0	\$25





# CAMP DETAILS

Like our Facebook page for all the latest and greatest!

**TRANSPORTATION:** Campers will be bussed from the Sanford-Springvale YMCA to Camp Marland daily. The bus will leave the YMCA at 8:15 am and return by 4:00 pm. Families may also drop off and pick up their camper at our Camp Marland facility on Bunganut Lake. Drop off at Camp Marland begins at 7:00 am and pick up must be prior to 5:30 pm.

**FAMILY ENGAGEMENT:** At Camp Marland we encourage families to be part of our summer fun. Parents are always welcome at camp to join us for lunch, an afternoon swim, or the whole camp day. Joining your camper will help solidify their camp experience and create memories that will last your family a lifetime.

**FINANCIAL ASSISTANCE:**

Financial assistance is available through our internal scholarship program and other savings opportunities detailed in your registration form. We want all families to be able to access financial assistance if they are in need and ask that each family only use one of these opportunities. Applications for our scholarship program can be found online or at our welcome center. Applications for scholarship must be submitted at least 2 weeks prior to start of camp to ensure they will be processed prior to the first day.



# DELICIOUS

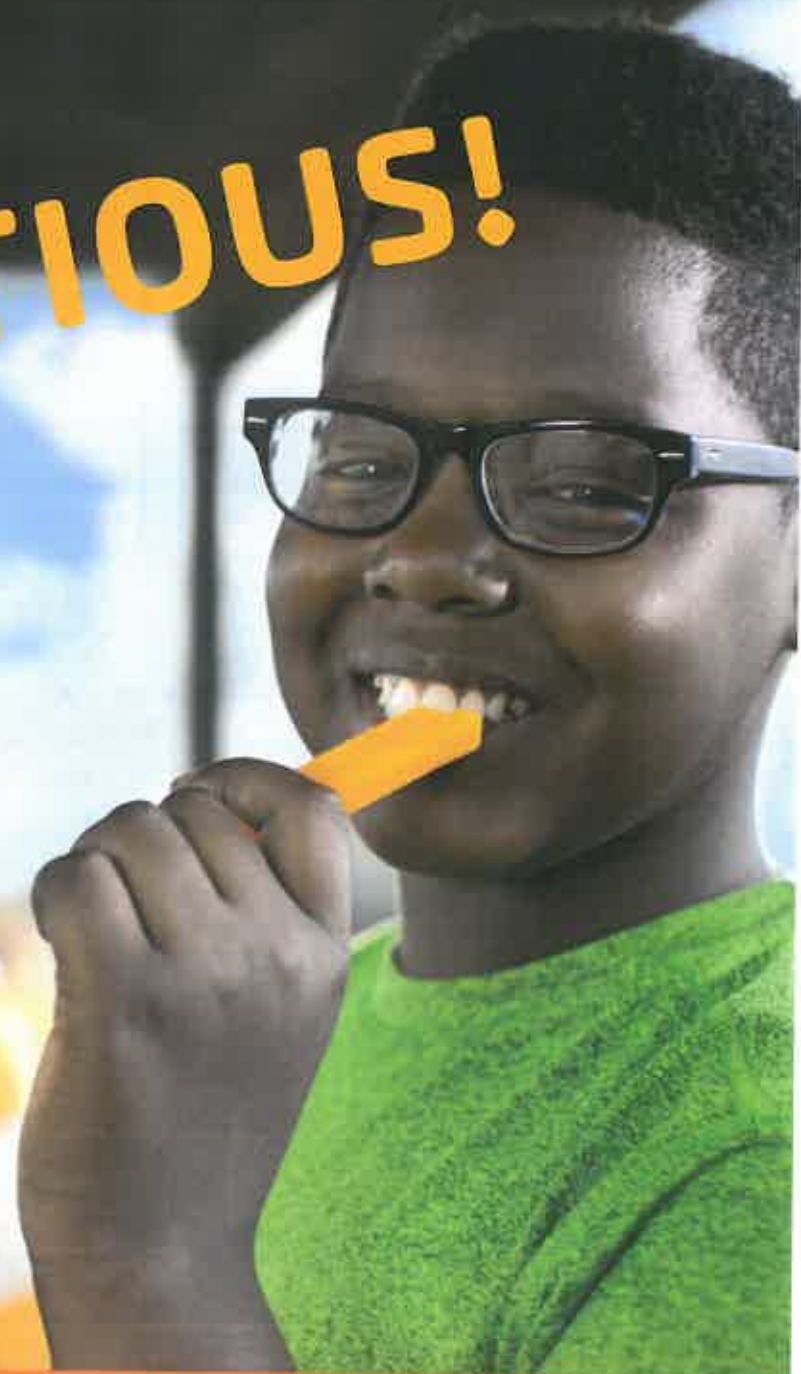
AND

# NUTRITIOUS!

## THE BREAKFAST CLUB



Camp Marland is partnering with the Sanford School Department to offer campers a FREE nutritious breakfast each morning before heading to camp. Camp staff will walk the Breakfast Club to the Memorial Gym on Mousam Trail Way each morning. Breakfast begins at 7:30. The Breakfast Club will leave the Y at 7:15 am and return in time for the 8:15 bus. FREE for all who arrive before 7:15!



## TAKE OUT LUNCH PROGRAM

We are excited to again partner with the Sanford School Department Summer Food Program to offer "Take Out" lunches for all campers who choose to participate. Families will be able to sign up for lunch on a daily or weekly basis based on the menu. Lunch will include a main course, chips/pretzels, fresh fruit, milk, and a dessert. All lunches will be brought to camp by camp staff and delivered at lunch time. Look for sign ups at the sign in/out table.



# CAMP SESSIONS

1	June 25-29	Getting to Know Camp Marland
2	July 2-6	Red, White, and Blue Week
3	July 9-13	YOU Are A Superhero! We Need You!
4	July 16-20	Oh the Places You'll Go: Dr. Seuss Week
5	July 23-27	Magnificent Maine Week
6	July 30-August 3	Wet & Wild & Wacky!
7	August 6-10	Welcome to the Jungle
8	August 13-17	Explore the Deep Blue Sea
9	August 20-24	Olympic Week
10	August 27-8/31	Farewell to Summer Fun! Farewell Week ends with a Family Festival and Talent Show

## LIT SESSIONS

1	July 2-13
2	July 16-27
3	July 30—August 10
4	August 13—24



**BEST  
SUMMER  
EVER**